

## Wendy's Generic Toe-Up Feather and Fan Sock



**Size:** women's medium to large foot

**Materials:** 100 grams sock yarn. Pictured socks are made from Lorna's Laces Shepherd Sock.

**Gauge:** 8st/inch -- I use US size 0 (2mm) needles with sock yarn. Your mileage may vary -- check your gauge!

### Start Your Toe

Using a provisional cast-on, cast on 32 stitches (half the total circumference of the sock). I do my provisional cast-on using a crochet chain as follows:

Using waste yarn, crochet a chain that is several chain stitches longer than the number of knit stitches you need. Knit into the center loops of the back side of the chain, 32 stitches. Purl back across stitches.

Row 1: Knit 31 stitches. Move the working yarn as if to purl. Slip the last, unworked stitch from the left needle to the right needle. Turn your work.

Row 2: Slip the first, unworked, stitch from the left needle to the right needle. Purl the next stitch (you will have wrapped that first stitch around its base with the working yarn) and purl across to the last stitch. Move the working yarn as if to knit and slip last stitch. Turn.

Row 3: Slip the first stitch and knit across to the last stitch before the unworked stitch. Wrap and turn.

Row 4: Slip the first stitch and purl across to the stitch before the unworked stitch. Wrap and turn.

Repeat Rows 3 and 4 until 8 of the toe stitches are wrapped and on left side, 16 stitches are "live" in the middle, and 8 are wrapped and on the right. At this stage, you should be ready to work a right side row. Your toe is half done.

**Note:** How many stitches you leave unworked in the middle depends on how wide you want your sock toe to be. If you want it a bit wider, do a couple fewer short rows. If you want it a bit narrower, do a couple more short rows.

Now you'll work the second half of the toe:

Row 1: Knit across the 16 live stitches across to the first unworked, wrapped stitch. To work this stitch, pick up the wrap and knit it together with the stitch.

Wrap the next stitch (so that it now has two wraps) and turn.

Row 2: Slip the first (double-wrapped) stitch and purl across to the first unworked, wrapped stitch. Pick up the wrap and purl it together with the stitch. Wrap the next stitch and turn.

On subsequent rows you will pick up both wraps and knit or purl them together with the stitch.

Continue until you have worked all the stitches and you once again have 32 "live" stitches.

When all 32 stitches are once again "live," divide those stitches over 2 needles. Unzip your provisional cast-on and divide those 32 stitches over 2 more needles. On your first round, you may want to pick up an extra stitch or two between the "live" stitches and the stitches you've picked up from the cast-on, to close up any holes there might be there. On the next round remember to decrease back down to 16 stitches per needle.

**Note:** Insert the tip of your needle into the stitch you knit up from the provisional cast-on before you unzip the chain – this will make it much easier to pick up the loops of the stitches. I usually insert my needle through four or five loops at a time, unzip the chain from them, do the next four or five loops, unzip, until I've picked them all up. When you unzip your provisional cast-on, you will have one less stitch than the total you picked up and knit. You can create that extra stitch at the end, by picking up the loop between the last stitch created with the provisional cast-on and the first live stitch.

You now have a total of 64 stitches.

Work straight until the foot is about 2 inches shorter than the desired finished length. Place the 32 instep stitches on one needle and put the 30 (32) heel stitches on another needle. work a short row heel on the 32 heel stitches as for the toe, as follows.

### **Short Row Heel**

Row 1: Knit 31 stitches. Move the working yarn as if to purl. Slip the last, unworked stitch from the left needle to the right needle. Turn your work.

Row 2: Slip the first, unworked, stitch from the left needle to the right needle. Purl the next stitch (you will have wrapped that first stitch around its base with the

working yarn) and purl across to the last stitch. Move the working yarn as if to knit and slip last stitch. Turn.

Row 3: Slip the first stitch and knit across to the last stitch before the unworked stitch. Wrap and turn.

Row 4: Slip the first stitch and purl across to the stitch before the unworked stitch. Wrap and turn.

Repeat Rows 3 and 4 until 9 of the heel stitches are wrapped and on left side, 14 stitches are "live" in the middle, and 9 are wrapped and on the right. At this stage, you should be ready to work a right side row. Your heel is half done.

**Note:** How many stitches you leave unworked in the middle depends on how wide you want your sock heel to be. If you want it a bit wider, do a couple fewer short rows. If you want it a bit narrower, do a couple more short rows.

Now you'll work the second half of the heel:

Row 1: Knit across the 14 live stitches across to the first unworked, wrapped stitch. To work this stitch, pick up the wrap and knit it together with the stitch.

Wrap the next stitch (so that it now has two wraps) and turn.

Row 2: Slip the first (double-wrapped) stitch and purl across to the first unworked, wrapped stitch. Pick up the wrap and purl it together with the stitch. Wrap the next stitch and turn.

On subsequent rows you will pick up both wraps and knit or purl them together with the stitch.

Continue until you have worked all the stitches and you once again have 32 "live" stitches.

When you have all stitches live again, divide the stitches as you did for the toe.

On your first round, you are going to increase your total number of stitches up to 72 (18 stitches per needle) to set up for the lace pattern on the leg. For each needle of 16 stitches, pick up one extra stitch between the "live" stitches and the stitches you left on a needle for the instep, to close up any holes there might be there. (This increase will occur at the end of one needle and at the beginning of the next needle on each side of the heel.) Also, in the middle of the stitches on the needle, make one stitch. You will have increased 2 stitches for each of the four needles.

Knit one round plain.

Start the feather and fan lace pattern:

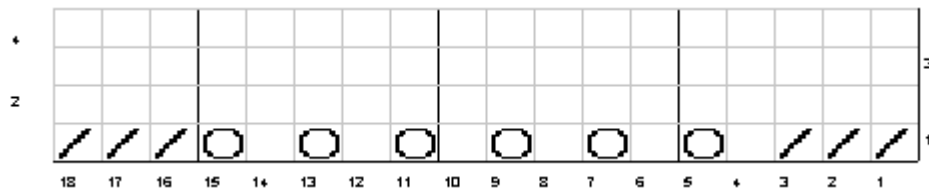
The lace pattern is worked over 18 stitches, so you will complete one repeat on each of the four needles.

Pattern in words:

Row 1: (knit 2 together) 3 times, (knit 1, yarnover) 6 times, (knit 2 together) 3 times – repeat for each needle.

Rows 2-4: knit.

Pattern charted:



Work feather and fan pattern until the sock is the desired length, ending after completing Row 2 of the pattern.

Purl one row, knit one row, purl one row, knit one row.

**Cast off:**

Loosely knit 2, slip the 2 stitches just worked back from the right needle onto the left needle and knit 2 together through back loops. Knit 1, then slip the 2 stitches on the right needle back onto the left needle and knit 2 together through back loops.

Continue in this fashion until all stitches are cast off.

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